

Ramadan is fast approaching, which means many Muslims will be fasting for 30 days starting May 5th this year. In order to guide health professionals to better support their fasting clients during this time, Nazima Qureshi, RD, MPH, is offering a FREE webinar “Get Ramadan-Ready For Your Clients” on March 5th at 12PM EST.

In this webinar you will learn:

- What is Ramadan
- How fasting works during Ramadan
- How is fasting during Ramadan different than intermittent fasting
- Who can fast during Ramadan
- Who is exempted from fasting (but also understand why someone who is exempted would still fast)
- How to work with clients who have medical concerns but want to fast
- How to speak to clients about Ramadan in a culturally sensitive manner

Sign up here: <https://www.nutritionbynazima.com/ramadan-webinar>

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Regards,



**Nazima Qureshi RD, MPH**

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