



## Learning Activity Examples

**Learning activities may include, but are not limited to the following:**

- Journal club / study group
- Courses / residency
- Case studies / rounds
- Networking / discussion groups
- Professional group activities / meetings / committee work
- Self-directed research / journal reviews
- Conferences / workshops / education sessions
- Job shadowing
- Consultation with other health professionals / peers
- Hands-on experience

| Non-Acceptable Learning Activity  | Reason Why it is Not Acceptable  |
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| Learning activity geared towards the general public (examples: <a href="http://www.unlockfood.ca">www.unlockfood.ca</a> , <a href="http://www.dietitians.ca">www.dietitians.ca</a> , Canada's Food Guide Web pages, YouTube videos, etc.)   | Learning activities should be professional audience-focused.   |
| Learning activity that is: <ul style="list-style-type: none"> <li>- non evidence based</li> <li>- provided by an author that does not have professional recognition of his/her scope of practice or recognition is not recognized as a regulated profession</li> <li>- funded or supported by a business entity or for a marketing purpose</li> </ul> | As per Standard 2.1 of the NBAD Code of Ethics "The Dietitian practices dietetics based on scientific principles and evidence based research in the field of dietetics". |
| Learning activity that is not related to the practice of dietetics  | The CCP is to ensure that members continuously update their competence related to the scope of dietetics.  |
| Reading email newsletter subscriptions  | Generally, newsletters are short paragraph updates and not in-depth learning content.  |



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| <p>Work-related tasks (developing new tools, developing policies, working on projects, etc.)</p> | <p>Work-related learning goals may be used in the CCP if there is new learning with an impact on professional competence. However, the accomplished product (new tool, policy or project) does not identify the professional learning you did to complete the work-related task. Examples of appropriate learning activities could be the research done towards developing new tools or policies, such as reading best-practices material, reading articles or attending conferences/watching webinars on the topic.</p> |