

NB Dietitians in Action

NB Dietitians survey results

In the summer of 2019, the Dietitians of Canada (DC) New Brunswick Dietitians in Action (NBDiA) group circulated a survey to all New Brunswick (NB) dietitians to assist them in identifying what is important to dietitians in NB and to help shape the activities of NBDiA moving forward. A total of 24 responses were obtained from dietitians across the province.

Key Findings

More educational sessions and learning events

"What kind of support would be beneficial to you as a dietitian in NB?" The #1 answer was educational sessions and learning events, followed by opportunities to connect and network.

The #1 most important area of advocacy was healthy eating environments, followed by increasing the understanding of the role of dietitians and food security.

Advocacy

2020 Priorities

Based on the results of the survey, the following 3 priorities were identified:

1

Create opportunities for dietitians to connect and network

- Support NB dietitians to create a [Facebook page](#) and regularly post DC and NBDiA updates;
- Continue to have regional representatives link with dietitians in their local area;
- Include all interested NB DC members in the NBDiA group as Members at Large.

Offer DC/NBDiA education sessions

- Continue to offer education sessions after the New Brunswick Association of Dietitians annual general meeting;
- Include opportunities for attendees to network.

2

3

Respond to key advocacy opportunities in New Brunswick

- Contribute to the annual NB Pre budget consultation;
- Link with NB Government during Nutrition Month to ask for provincial proclamations.

Acknowledgements

A special thank you to Stephanie Ward, Nicole Arsenault Bishop and Karrie Bedford for their support in preparing and distributing the survey and the results.

For more information

The NBDiA welcomes participation from all DC members living in NB. Please get in touch anytime!