



Registered Dietitian Job Description

If you take pride in being compassionate, honest, professional, and safe, consider an exciting and rewarding career at Shannex. Our communities offer more than a place to work – they welcome and celebrate Great People who inspire meaningful connections while Leading the Way to Better Living™.

We are searching for a permanent part-time (0.6 FTE) **Registered Dietitian** to join our **Thomas Hall & Frederick Hall** teams based in Fredericton, New Brunswick (southside).

Meaningful Benefits

You will be surrounded by supportive and talented team members who make our communities great places to live, work and visit. As an established and respected organization in the healthcare sector, Shannex offers opportunities for growth, development and advancement. And at the end of every day, you will know you've made a measured difference in the lives of our residents. Additional benefits include:

- Comprehensive health, vision, and dental benefits plan (eligible immediately upon hire for part-time & full-time staff) including an Employee and Family Assistance Program.
- Life, travel, and other insurances.
- Access to virtual healthcare 24/7 for FREE through the group health benefit plan.
- RRSP program (5% employer matching).
- Vacation accrual (begins immediately) and travel insurance.
- Free onsite parking.
- Access to thousands of perks vendors and discounts through our WorkPerks program, including excellent discounts for apparel, restaurants, technology, fitness, travel, and tickets to some of your favorite sports and entertainment events.
- Access to continuing education and training through Shannex's Centre of Excellence.
- Opportunities to be part of sector innovation and continuous improvement initiatives.
- Recognition and Rewards for service excellence and safety.

About the Opportunity

- Assists in the development of menus in accordance with therapeutic nutrition guidelines.
- Assesses resident's nutritional status on admission and at least semi-annually; reviews monthly weights and follows up as required.
- Addresses client's individual dietary concerns.
- Establishes and maintains personal nutritional needs of each client.
- Completes texture modification assessments on referral.
- Oversees and plans special nutrition needs for special diets, allergies and disease conditions.
- Presents staff and client education sessions on nutrition and other related topics based on indicators and identified needs.
- Communicates client nutrition care plans to clients/family/staff as appropriate.
- Collects and enters appropriate data into database.
- Documents clinical nutrition indicators monthly.
- Administers the operating budget for dietary services, overseeing the preparation of purchase orders, verification and approval of invoices for payment.



About You

In addition to placing high value on continuous improvement, collaboration and accountability, you bring:

- Bachelor of Science in Nutrition.
- Membership with professional association.
- Excellent communication, computer, and organizational skills.
- Experience in a long-term care setting is considered an asset.
- Current First Aid & CPR and valid Food Handlers' Certificate is required.
- Ability to provide a clear criminal record and vulnerable sector check upon hire.
- A passion for the healthcare sector and/or ensuring seniors have access to quality accommodations, services and care.

About Us

Shannex is a family-owned organization with a vision of Better Living for every stage of life. Since 1988, Shannex has grown from a single nursing home in Cape Breton to a trusted partner across healthcare, hospitality and lifestyle sectors. With locations in Nova Scotia, New Brunswick and Ontario, Shannex continues to build communities designed for connection, wellbeing and longevity. Shannex-owned brands include Allbright Life, Parkland Retirement Living & Lifestyle Residences, Parkland at Home, Faubourg du Mascaret, and Shannex Enhanced Care. Shannex also provides Transitional Health services, in partnership with Nova Scotia Health. For more information, visit shannex.com.

If you're ready to join the Shannex team of Great People, apply today!

Great People is a core value at Shannex based on the belief that our team members are the spirit and foundation of the organization. Shannex believes equity, diversity, inclusion and belonging is about creating a culture that embraces the uniqueness of individuals, where every person is treated fairly and where racism and discrimination are not tolerated. At Shannex, every team member belongs.

**All applications are kept in strict confidentiality.
Only those selected for an interview will be contacted.**