



Private Practice Dietitians Directory / Répertoire de diététistes en pratique privée

NORTHERN REGION / RÉGION DU NORD

Stéphanie Guérin, R.D. / Dt.I.

Stéphanie Guérin, Diététiste

Caraquet

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sguerin.nutritionniste@gmail.com

Bilingual service – service bilingue

Karine Roy, R.D. / Dt.I.

Mind at Peace – Centre Mieux- Être

Bathurst, Campbellton

506-252-2976

mpclme@gmail.com

Bilingual Service – service bilingue

Stephanie Levesque, R.D. / Dt.I.

Grand Sault, Edmundston

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davste@nb.sympatico.ca

Bilingual Service – service bilingue

Claudie Michaud, RD/Dt.P.

Campbellton, NB / Clinique Innovaction physiotherapy

(506) 753-1000

innovactionphysio@gmail.com

Bilingual (Fr + En), Virtual consultation available



MIRAMICHI REGION / RÉGION DE MIRAMICHI

Kortney Patriquin, R.D. / Dt.I.

Kortney Patriquin, Nutrition and Wellness

Miramichi

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kortneypatriquin@outlook.com

Service in English – service en anglais

Laura Roche, R.D. / Dt.I.

Laura Roche Nutrition Coaching

Miramichi

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Bilingual service – service bilingue

FREDERICTON REGION / RÉGION DE FREDERICTON

Becky Callaghan, R.D. / Dt.I.

Fredericton

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freshlifenutrition@outlook.com

Service in English – service en anglais

Vanessa Langille

Fredericton

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Langille Nutrition

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Service in English- service en anglais

Catherine McCain, R.D. / Dt.I.

Doctor's Clinic

suite 207, 565 Priestman Street, Priestman Center

Fredericton

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catherinemccain@hotmail.com

Service in English – service en anglais



Holly Hartz, MESS, R.D. / Dt.I.

Heartz Nutrition
Board Certified Specialist in Sports Dietetics
(CSSD) 735 McLeod Hill Road, Fredericton
(506) 260-3617
haheartz@gmail.com
<https://www.heartznutrition.com/>
Service in English – service en anglais

Kristin Brown, R.D. / Dt.I.

Grounded Health Nutrition
(506) 259-0313
info@groundedhealth.ca
Service in English – service en anglais
Online services only

Nicole Boyd, R.D. / Dt.I.

Simply for Life – Fredericton North
280 Main St, Fredericton
(506) 449-1813
nicole.boyd@simplyforlife.com
www.Nicoleboydcoaching.com
Bilingual services – service bilingue

Jessica McCafferty, R.D. / Dt.I.

Simply for Life – Fredericton North
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jessica.mccafferty@simplyforlife.com
Service in English – service en anglais

Emily Baxter, R.D. / Dt.I.

Williams Chiropractic Health and Performance
Centre
169 Main St., Fredericton, NB
(506) 452-1609
ebaxter@emilybaxternutrition.com
Service in English – service en anglais



SAINT JOHN REGION / RÉGION DE SAINT JOHN

Julia Besner, R.D. / Dt.I.

Performance Nutrition, Disordered Eating, Eating Disorders (youth and adults)

Saint John, NB

(506) 343-6170

<https://nutritioncounsellingsj.com>

Service in English – service en anglais

Maryam Naslafkih

Port City Counselling

Office: 506-977-9262

Email: maryam.naslafkih@portcitycounselling.ca

Bilingual services – service bilingue

Maude Morin, R.D. / Dt.I.

Good Nutrition

clientcare@ingoodnutrition.com

<https://www.ingoodnutrition.com/>

Service in English – service en anglais

Mary Ann Peters-Gallant, R.D. / Dt.I.

For Fitness and Athletics

2 Hampton Road, Rothesay NB E2E 5K9

(506) 847-7263

mpeters.nutrition@gmail.com Service in English – service en anglais

Brandy Williams, RD/Dt.I

Be Well with Brandy

506-977-0690

bewellwithbrandy@gmail.com

Online Services Only

Services in English – service en anglais

Sarah Arrowsmith, R.D.

Core Health Group: 9 Charlotte Street, Saint John, E2L 2H3

Office: (506) 288-2673

Email: arrowsmith.h.sarah@gmail.com

Service in English

MONCTON REGION / RÉGION DE MONCTON

Annick Poirier, R.D. / Dt.I.

Moncton

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Bilingual Service – service bilingue

Hannah Magee, R.D. / Dt.I.

Moncton

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hannahmageerd@gmail.com

Service in English – service en anglais

Ian Wiseman, R.D. / Dt.I. Sustain Dietetics

Moncton

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[Dietitian Services in New Brunswick | Sustain Dietetics](#)

Service in English – service en anglais

Karine Landry, R.D. / Dt.I.

Diététiste en ligne / Online Dietitian

(service de consultation par Internet seulement / online dietitian consultation services only)

Dieppe

(506) 899-0014

Karinelandry.dtp@outlook.fr

Service in French - Service en français

Josée Violette, R.D. / Dt.I.

Josée Violette – Nutrition (Wellness Coach and Dietitian)

Moncton

438-821-6275

jviolette.nutrition@gmail.com Bilingual service – service bilingue



Liette Paulin LeBlanc, R.D. / Dt.I.

360 Health Centre
Moncton
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Lynn Gaudet, R.D. / Dt.I.

Lynn Gaudet – Nutrition
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Bilingual Service – service bilingue

Madélie Giguère Johnson, R.D. / Dt.I.

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Bilingual Service – service bilingue

Natasha McLaughlin-Chaisson, R.D. / Dt.I.

NMC Nutrition Inc. - Sports Nutrition Sportive
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Bilingual Service – service bilingue

Nathalie Roy, R.D. / Dt.I.

Motiva Nutrition
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Bilingual Service – service bilingue



Nicole Bourgeois, R.D. / Dt.I.

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Bilingual Service – service bilingue

Véronique Guitard, R.D. / Dt.I.

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Bilingual Service – service bilingue

Vince Zicarelli, R.D. / Dt.I.

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Service in English – service en anglais