

FALL NEWSLETTER 2026

NBAD INSIGHT: INFORMED. CONNECTED. ENGAGED

The association is pleased to introduce *NBAD INSIGHT: INFORMED. CONNECTED. ENGAGED.*, a new newsletter designed to strengthen communication and transparency with our members. Published three times a year—in September, January, and May—the newsletter will provide regular updates on association activities, initiatives, projects, and important developments affecting the profession and our members. Our goal is to ensure members have timely access to information, understand the work being undertaken by the association, and have opportunities to stay connected and engaged. We look forward to using NBAD INSIGHT as another way to keep our members informed and strengthen our connection with the dietetic community.

As a reminder, the NBAD communicates primarily through email. It is each member's responsibility to ensure that their NBAD profile, including contact information, is kept up to date. If emails from the NBAD are not being received, members should verify that their contact details are accurate. Members are also encouraged to adjust email settings to mark NBAD (registrar@adnb-nbad.com and admin@adnb-nbad.com) as trusted senders. Contact information can be updated by editing the profile details within a dietitian's individual [NBAD account](#).

STRATEGIC PLAN 2021-2027

Over the past several years, the NBAD has experienced significant changes which have delayed some of the ongoing and potential projects. As a result, our current strategic plan, which was developed in 2021, was extended until June 2027. Recognizing the importance of having a current strategic plan that reflects the Association's priorities, the needs of our members, and the evolving landscape of the dietetic profession, the Board identified updating the strategic plan as an important priority.

For the development of a new strategic plan, we had applied for a funding opportunity to support this important work. We are pleased to share that our funding application was approved, which will help fund the majority of the project to update the NBAD Strategic Plan. This will provide an opportunity to reflect on where we are today, identify what the priorities are for the coming years, and establish a clear direction for the Association to move forward. Stay tune for update in the upcoming months.

REGISTRATION FOR VIRTUAL DIETETIC PRACTICE IN NB

The NBAD recently updated their Cross Border Dietetic Practice Position Statement and developed a new policy related to registration and licensure for virtual and in-person dietetic services. Beginning on November 1, 2026, dietitians who are registered in another jurisdiction and provide, virtual and/or in-person, services to New Brunswick (NB) residents must meet NBAD registration and licensing requirements and follow the regulatory standards in NB. For the purposes of this policy, New Brunswick residents are defined as individuals who are registered with the Medicare card.

Exceptions To Registration Requirement for Virtual Practice

- Registration with the NBAD is not required for dietitians who provide virtual follow-up care to NB residents when that care is directly connected to in-person health services initially delivered in a health clinic located in another Canadian jurisdiction.
- Registration with the NBAD is not required to provide virtual follow up care for those who temporarily relocate to New Brunswick but retain health care registration in the province where they permanently reside (ex: university students).
- Registration with the NBAD is not required to provide online classes or in other circumstances where individual care is not provided. However, if a NB resident seeks advice or poses a question that constitutes individual care, the dietitian should direct the individual to a dietitian who is licensed with the NBAD.

If you have questions related to this change, please direct them to registrar@adnb-nbad.com.

STANDARDS OF PRACTICE

The Association will also conduct an in-depth review of its Standards of Practice. This update will align them with the evolution of the profession and ensure they remain relevant and compliant with current expectations in dietetic practice.

Members will be kept informed as this work progresses, including opportunities to provide feedback as appropriate. We appreciate your engagement and look forward to working together to ensure that the updated standards reflect current dietetic practice and support safe, competent, and ethical care.

NEW AVAILABLE RESOURCES FOR MEMBERS

To accompany the updated Code of Ethics, revised in September 2025, two new resources are now available to support members in understanding and applying the Code in practice. Members are encouraged to review these resources as helpful tools alongside the updated Code of Ethics. Both resources can be found on the website under *Members* → *Resources* → *Regulatory Documents*.

[Code of ethics interpretation guide](#)

[Trauma informed practice Q&A](#)

NATIONAL DAY FOR TRUTH AND RECONCILIATION

September 30 marks the National Day for Truth and Reconciliation, a time to acknowledge the tragic history and lasting impacts of residential schools in Canada, and to honour Survivors, their families, and their communities.

This date is also recognized as Orange Shirt Day, which serves as a reminder that every child matters—past, present, and future.

The National Day for Truth and Reconciliation is an opportunity for all of us to pause, learn, and reflect on both the history and present-day realities of Indigenous Peoples, as called for by the Truth and Reconciliation Commission and Indigenous leaders.

Please take note that the NBAD will be closed on that day.

VOLUNTEER RECRUITMENT

The NBAD is still recruiting for an enthusiastic and dedicated active member to join our Discipline Committee.

As you know, the NBAD regulates the practice of dietetics in order to protect the public. It ensures that members of the profession meet standards of professional conduct, competence, and ethics in accordance with the Act respecting the profession.

The Discipline Committee supports this mandate by reviewing concerns/complaints related to professional misconduct, incompetence, and breaches of professional secrecy.

Commitment:

- attend meetings as required
- review materials in advance of meetings and participate actively and respectfully in discussions
- exercise sound judgment and fairness in decision making
- act honestly, in good faith, and in the best interest of public protection
- maintain confidentiality and demonstrate discretion at all times

This position is for a 2-year mandate starting as soon as possible.

If you are interested in volunteering with the Discipline Committee, have any questions or would like to receive further information about this opportunity, you can communicate with the Interim Registrar, Lynn Gaudet, at registrar@adnb-nbad.com.

Questions?

If you have questions regarding the NBAD, please visit the NBAD website at www.adnb-nbad.com or email your question to admin@adnb-nbad.com.